



**YOUTH
WITHOUT
LIMITS**

**START
YOUR BRONZE
DOFE**

What is the DofE?

The DofE is a life-changing adventure.

You make it: The DofE is as unique as you are

Millions of young people in the UK have already done their DofE.

Now it's your turn.



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What will I do?

BRONZE AWARD			
VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION
3 months	3 months	3 months	2 days 1 night
Plus a further 3 months in either the Volunteering, Physical or Skills section.			

Volunteering section

Take action and make a difference to the causes you care about

Help others and change things for the better



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Physical section

Take part in whatever
dance, sport or fitness
activity you would like

Get fitter and have fun
along the way!



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Skills section

Devote yourself to improving your skills in the things you love to do

Discover new passions and develop talents you didn't know you had



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Expedition

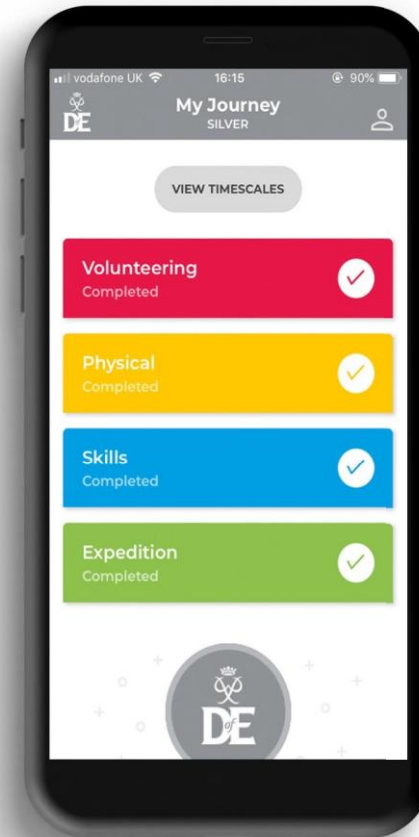
**Explore the great outdoors
and spend a night away
from home**

**Create memories that
will last a lifetime**



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Your Welcome Pack and eDofE



Getting started

Are you ready to start an adventure you'll never forget?

To get started with your DofE,

To apply to complete your Bronze Award, fill in an application form online, we will share this link with you and your tutors

[Bronze Duke of Edinburgh Award](#)

Deadline for applications is Friday
16th October



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Ms Sumner, Ms Watts and Mr Rayner

We are your DofE managers at The Gilbert School and between us have lead more than 500 students on their expeditions and helped hundreds of students to achieve their Bronze and Silver awards.

If you have any questions, we will always be happy to talk to you at school.

The DofE is a charity.
Visit DofE.org for more information.