



Monday 9th June



- **GCSE PE Extra Curricular week.**

- We are giving year 10 GCSE students the opportunity to attend as many of the clubs below, giving them exposure to multiple sporting opportunities delivered through the same examination process that will be used during mock and actual moderations.
- Students will need to sign up to the activities in advance so we can structure the session with the numbers signed up.
- We recommend students try to sign up to at least three during this week but would recommend trying one an evening.
- This will give students the opportunity to try different activities which they may not have tried yet in GCSE PE and moving forward an idea of the requirements for each sport. Your GCSE PE Teacher will help to guide you towards the best activities for you.
- The specification link is: <https://www.ocr.org.uk/Images/234827-gcse-guide-to-non-exam-assessment.pdf>
- Students will be required to complete for their year 11 GCSE a team sport, individual and then the third is the next highest sporting activity.
- Competitive log: Students should be logging everything they are doing out of school competition wise to support practical grades.

	TUESDAY	WEDNESDAY	THURSDAY
After School Year 10 Only	<u>Handball</u> Boys & Girls Sign up sheet <u>Volleyball</u> Boys & Girls Sign up sheet	<u>Athletics</u> Boys & Girls Sign up sheet with events stated X2 events per student <u>Tennis</u> Boys & Girls (Must play out of school) Speak to your teacher	<u>Table Tennis</u> Boys & Girls Sign up sheet 30 maximum