

The Gilbert School



JMI/lsc
July 2026

Part of the Alpha Trust

Dear Parents/Carers

Re: Rise in temperature

With temperatures this week expected to exceed 30°C, we are introducing temporary measures to help keep students comfortable and safe whilst maintaining normal school activities.

To support students during this period, we are making the following adjustments:

Tuesday, 7th - Thursday, 9th July

- Students may wear full school PE kit, including trainers (shorts, not skorts).
- House socks are not required.

Friday, 10th July (Sports Day)

All students are required to wear their full Gilbert PE kit on this day:

- The Gilbert School Short Sleeve T-shirt
- Plain Black Sport Shorts or The Gilbert School Skort (years 8 to 11 ONLY) (should students opt for this attire; they are required to wear a Gilbert School Kilt or plain black jogging bottoms over this for the journey to school and during the morning's lessons.)
- House socks in the appropriate colour
- Appropriate sports footwear suitable for the activity (no fashion trainers, sliders or Crocs).

Spare PE kit will be made available during morning standards check for any student who requires it.

As the weather is expected to be very warm, we advise students to apply sunscreen before coming to school and to bring a refillable water bottle. Additional water stations will be available throughout the day. Students may also wish to bring a plain baseball cap or sunhat.

Monday, 13th July

- Students should return to school in full uniform, although ties and blazers will still not be required.
- We will issue further communication if the hot weather continues.

PE lessons will be adapted where necessary to prevent overheating, and some classes may be moved to cooler, air-conditioned or shaded areas, where this is possible.

Large, air-conditioned spaces, including the North and South Halls, will be available at break and lunchtime, alongside shaded outdoor areas.

Headteacher: Mr J Mitchell
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Tel: 01206 842211 Email: admin@gilberd.com Website: www.gilberd.com

Alpha Trust

Registered in England and Wales Company No 07755713

Registered office: Norman Way, Colchester, Essex CO3 3US



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To help students stay hydrated, we strongly encourage all students to bring a named water bottle to school each day and to fill it before leaving home. Additional water refill stations have been installed around the school site, and we recommend that students bring a bottle large enough to reduce the need for repeated trips to refill during the day.

We will continue to monitor conditions and make further adjustments if needed.

Thank you for your continued support.

Yours faithfully

Mr J Mitchell
Headteacher

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