

The Gilbert School

Part of the Alpha Trust



KCH/wwh
December 2025

Dear Parents/Carers

Re: Relationships, Sex and Health Education (RSHE) curriculum and policy – Parental Feedback

As part of the annual review of our Relationships, Sex and Health Education (RSHE) curriculum and policy, we would welcome your views on our provision. We aim to ensure the RSHE provision is appropriate for all students based on their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and/or disabilities (SEND)

If you would like to provide feedback, please complete the following steps by Friday 19th December 2025:

- Read the most up-to-date Relationship, Sex and Health Education Policy, which can be found [here](#).
- Take a look at the summary of content delivered during their time at The Gilbert School with the Personal Development programme found [here](#).
- Once you have had an opportunity to look at the RSHE provision we offer, take 5 minutes to answer our parental survey by clicking the link [here](#).

We appreciate your assistance on this important matter.

Yours faithfully

Mrs K Chase
Assistant Headteacher

Headteacher: Mr J Mitchell
Brinkley Lane, Colchester, Essex CO4 9PU
Tel: 01206 842211 Email: admin@gilberd.com Website: www.gilberd.com

Alpha Trust

Registered in England and Wales Company No 07755713

Registered office: Norman Way, Colchester, Essex CO3 3US

