



Year 10 Health and Social Care

Subject Leader: Ms Katy Hughes

Exam Board: OCR Cambridge National

Students who chose this subject are interested in human behaviour and will want to improve the lives of others. This course is highly interactive, and students are expected to engage in all aspects of it in order to secure a robust understanding of a demanding and expanding sector. The lessons will prepare students for direct entry into industry, as well as supporting them for post 16 study.

Topics to be covered in Year 10

	Term 1	Term 2	Term 3
Topics to be covered	<u>R033 Life Stages Coursework</u> Topic Area 1: Life Stages Topic Area 2: Impacts of life events <u>R032: Supporting Service Users</u> Topic Area 2: Person Centred Values Topic Area 1: Rights of Service users	<u>R033 Life Stages Coursework</u> Topic Area 3: Sources of Support <u>R032: Supporting Service Users</u> Topic Area 4: Safety and Security	<u>R032</u> Review: Mock exam based on topic areas 1,2 and 4 <u>R035: Public Health Campaigns</u> Topic Area 1: Current public health issues and the impact on society
Key vocabulary	Physical Relationship Change Intellectual Social Environmental Economic Mobility Appearance Lifestyle Personal Financial Wealth Grief Anxiety Income Specialist Impairment Advice Depression Self-esteem Self-image Stress Choice Consultation Confidentiality Protection Equality Dignity Respect Empower	Charity NHS Safeguarding Disclosure Vulnerable DBS Checks Hygiene Procedure Risk assessment Emergency Policy Formal Informal Statutory Co-ordinated Respite Independence Guidance Measure Training Equipment	Communicable Control Benefit Dependency Life expectancy Obesity Alcohol consumption Heart disease Stroke Smoking cessation Dental health Sexual health Charity Mental stimulation World Health Organisation (WHO) NHS Target audience Attitude Socio-economic Lifestyle choice Pharmacy Counselling Coping Peer pressure
Skills to be developed	Students learn about life stages and the factors that affect them. They will understand expected and unexpected life events and the impact they will have on physical, social/emotional and socio-economic aspects in an individual's life. Students will learn about the importance of ensuring person centred values are applied, for both practitioners and service users.	Students will research practitioners, charities and individuals that can support individuals, recommend support and justify how this meets the needs of the individual. They will recommend support and justify the needs of the individual. Students will study how service users and practitioners can be kept safe and secure whilst using health and social care providers.	Students explore the various public health challenges the country faces, the approaches used to encourage health and wellbeing and the importance of this to society.
Opportunities for revisiting previous learning	Impacts of life events: R032 looking at the rights of service users in health and social care settings. R032—person centred values and effective communication	Throughout this unit the students will be linking their work to Unit R032: Person Centres Values	Throughout this unit the students will be linking their work to Unit R032 and R033.

	Term 1	Term 2	Term 3
When will formal assessment of progress take place?	Coursework is viewed by class teacher and generic feedback given to improve. Coursework is marked against the OCR mark scheme criteria. Deadlines must be met in order to meet the criteria below: This entire piece is linked to life stages and life events - their impacts and the support that may be needed.	Coursework is viewed by class teacher and generic feedback given to improve. Coursework is marked against the OCR mark scheme criteria. Deadlines must be met in order to meet the criteria.	Coursework is viewed by class teacher and generic feedback given to improve. Coursework is marked against the OCR mark scheme criteria. Deadlines must be met in order to meet the criteria. R032 is an examination unit and will be sat at the end of Year 11.

Year 10 Useful Resources

Website Links:

[Health & Social Care \(VLE\)](#)

<https://ocr.org.uk/qualifications/cambridge-nationals/health-and-social-care-level-1-2-j835/>

https://www.amazon.co.uk/Cambridge-National-Level-Health-Social/dp/1398351237/ref=sr_1_2?crid=2OQRNIZUCLUHZ&keywords=health+and+social+care+level+2+OCR&qid=1664539465&qu=eyJxc2MiOiBwLjAwLiwiXNhljoiMC4wMCIslInFzcCI6IjAuMDAifQ%3D%3D&srefix=health+and+social+care+level+2+ocr%2Caps%2C61&sr=8-2

https://www.amazon.co.uk/Cambridge-National-Health-Student-Digital/dp/1009159275/ref=sr_1_1_sspa?https://www.amazon.co.uk/My-Revision-Notes-Cambridge-National/dp/1398351245/ref=sr_1_8?

Marking, Assessment and Feedback

Over the course of an academic year students will complete a number of formal assessments, these will be used to assess where students are in their learning journey.

Information from these assessments could be used when making decisions regarding setting of students, reporting progress home and predicting outcome. Current guidelines mean that we cannot provide as much detailed written feedback as it typical. As a result of this, we will during lessons, evaluate students' learning through a range of activities including quizzes, class discussions, detailed questioning and other strategies. Through this, students will know where they are in their learning journey and what they need to do next to make further progress.

Homework

Homework will be set using the online platform Go 4 Schools.

Homework tasks are designed to prepare students for future learning or consolidate work completed in the classroom. It will be clear what should be handed in, when it should be handed in and how it should be handed in.

Contact Information

If you would like to contact the H&SC Department please email Ms Katy Hughes on: khu@gilberd.com.

The Gilbert School
Brinkley Lane, Colchester, Essex CO4 9PU
Tel: 01206 842211

