



# Year 11 Health and Social Care

**Subject Leader: Ms Katy Hughes**

**Exam Board: OCR Cambridge National**

Students who chose this subject are interested in human behaviour, and will want to improve the lives of others. This course is highly interactive and students are expected to engage in all aspects of it in order to secure a robust understanding of a demanding and expanding sector. The lessons will prepare students for direct entry into industry, as well as supporting them for post 16 study.

## Topics to be covered in Year 11

	Term 1	Term 2	Term 3
<b>Topics to be covered</b>	<b><u>R035 Public Health Campaigns</u></b> <b>Topic Area 1:</b> Current public health issues and the impact on society <b>Topic Area 2:</b> Factors influencing health <b><u>R032: Principles of Care:</u></b> <b>Topic Area 3:</b> Effective Communication	<b><u>R035 Public Health Campaigns</u></b> <b>Topic Area 3:</b> Plan and create a health promotion campaign <b>Topic Area 4:</b> Deliver and evaluate a health promotion campaign	<b><u>R032: Values in Health and Social Care</u></b> <b>Topic Areas 1-4</b> Revision for exam (June 2026)
<b>Key vocabulary</b>	Communicable Control Dependency Life expectancy Obesity Alcohol consumption Heart disease Stroke Smoking cessation Dental health Sexual health Charity NHS World Health Organisation (WHO)	Target audience Benefit Attitude Socio-economic Lifestyle choice Pharmacy Counselling Coping Mental stimulation Peer pressure Describe Explain Justify Evaluate	Aims Timescales Resources Safety Communication Appropriateness Feedback Engage Questionnaire Testimony Supervise Encourage Evaluate
<b>Skills to be developed</b>	Students explore the various public health challenges the country faces, the approaches used to encourage health and wellbeing and the importance of this to society.  They will look at the factors affecting a healthy lifestyle so that campaigns can be designed to target different groups of people. They will plan and deliver their own small-scale health promotion campaign, learning how to evaluate their planning and delivery.	Students explore the various public health challenges the country faces, the approaches used to encourage health and wellbeing and the importance of this to society.  They will look at the factors affecting a healthy lifestyle so that campaigns can be designed to target different groups of people. They will plan and deliver their own small-scale health promotion campaign, learning how to evaluate their planning and delivery.	
<b>Opportunities for revisiting previous learning</b>	Throughout this unit the students will be linking their work to Unit R032: Effective communication in health and social care.	Throughout this unit the students will be linking their work to Unit R032: Effective communication in health and social care.	
<b>When will formal assessment of progress take place?</b>	Coursework is viewed by class teacher and generic feedback given to improve. Coursework is marked against the OCR mark scheme criteria. Deadlines must be met in order to meet the criteria overleaf:	Coursework is viewed by class teacher and generic feedback given to improve. Coursework is marked against the OCR mark scheme criteria. Deadlines must be met in order to meet the criteria overleaf:	

	Term 1	Term 2	Term 3
<b>When will formal assessment of progress take place?</b>	Students are assessed through coursework writing and the production of a public health campaign. Students will be defining key terms and then using examples to illustrate how they are used in practice.	Students are assessed through coursework writing and the production of a public health campaign. Students will be defining key terms and then using examples to illustrate how they are used in practice.	.

## Year 11 Useful Resources

### Website Links:

[Cambridge Nationals - Health and Social Care Level 1/Level 2 – J835 - OCR](#)

[Cambridge National in Health and Social Care Student Book with Digital Access \(2 Years\): Level 1/Level 2 \(Cambridge Nationals\) : Bath, Justine, Burgess, Colette, Lavers, Sian, Northeast, Sue, Phillips, Jayne: Amazon.co.uk: Books](#)

[https://www.amazon.co.uk/Cambridge-National-Level-Health-Social/dp/1398351237/ref=sr\\_1\\_2?crid=2OQRNIZUCLUHZ&keywords=health+and+social+care+level+2+OCR&qid=1664539465&qu=eyJxc2MiOiJwLjAwIiwicXNhIjojMC4wMCI6InFzZCI6IjAuMDAifQ%3D%3D&srefix=health+and+social+care+level+2+ocr%2Caps%2C61&sr=8-2](https://www.amazon.co.uk/Cambridge-National-Level-Health-Social/dp/1398351237/ref=sr_1_2?crid=2OQRNIZUCLUHZ&keywords=health+and+social+care+level+2+OCR&qid=1664539465&qu=eyJxc2MiOiJwLjAwIiwicXNhIjojMC4wMCI6InFzZCI6IjAuMDAifQ%3D%3D&srefix=health+and+social+care+level+2+ocr%2Caps%2C61&sr=8-2)

## Marking, Assessment and Feedback

Over the course of an academic year students will complete a number of formal assessments, these will be used to assess where students are in their learning journey.

Information from these assessments could be used when making decisions regarding setting of students, reporting progress home and predicting outcome. OCR guidelines mean that we cannot provide detailed and personalised feedback as for the coursework tasks. Teachers will continue to feedback top students in lessons and will provide generic feedback, for the students to use and reflect on.

## Homework

Homework will be set using the online platform Go 4 Schools.

Homework tasks are designed to prepare students for future learning or consolidate work completed in the classroom. It will be clear what should be handed in, when it should be handed in and how it should be handed in.

## Contact Information

If you would like to contact the H&SC Department please email Ms Katy Hughes on : [khu@gilberd.com](mailto:khu@gilberd.com).

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