



Year 10 Health and Social Care

Subject Leader: Ms Katy Hughes

Exam Board: OCR Cambridge National

Students who chose this subject are interested in human behaviour, and will want to improve the lives of others. This course is highly interactive and students are expected to engage in all aspects of it in order to secure a robust understanding of a demanding and expanding sector. The lessons will prepare students for direct entry into industry, as well as supporting them for post 16 study.

Topics to be covered in Year 10

	Term 1	Term 2	Term 3
Topics to be covered	<p><u>R035 Public Health Campaigns</u></p> <p>Topic Area 1: Current public health issues and the impact on society</p> <p>Topic Area 2: Factors influencing health</p> <p><u>R032: Supporting service users</u></p> <p>Topic Area 2: Person centred Values</p> <p>Topic Area 4: Communication</p>	<p><u>R035 Public Health Campaigns</u></p> <p>Topic Area 3: Plan and create a health promotion campaign</p> <p>Topic Area 4: Deliver and evaluate a health promotion campaign</p> <p><u>R032: Supporting service users</u></p> <p>Topic Area 2: Person centred values</p> <p>Topic Area 3: Communication</p>	<p><u>R032:</u> Revision in the lead up to the mock exam, June 2024</p> <p><u>R032: Supporting Service Users</u></p> <p>Topic Area 1: Rights of service users</p> <p><u>R033: Life Events</u></p> <p>Topic Area 1: Life Stages</p>
Key vocabulary	Physical Intellectual Emotional Social Benefit Barrier Aims Resource Safety Feedback Questionnaire Settle Plan Organise Evaluate	Maintain Improve Dignity Respect Privacy Individuality Partnership Respect Independence Choice Encourage Guidelines Identity Opportunity Freedom Diversity	Care Compassion Competence Communication Courage Commitment Dehydration Malnutrition Frustration Anxiety Standardisation of care Choice Childhood Confidentiality Adolescent Adolescence Adulthood Life stage Life event Milestone
Skills to be developed	<p>Students will learn about the importance of effective communication skills when providing care and support for service users .</p> <p>Students will explore the various public health challenges that society faces. They will explore the various public health challenges the country faces, the approaches used to encourage health and wellbeing and the importance of this to society.</p>	<p>Students will look at the factors affecting a healthy lifestyle so that campaigns can be designed to target different groups of people. They will plan and deliver their own small-scale health promotion campaign, learning how to evaluate their planning delivery.</p> <p>They will learn about the importance of person-centred values and how to apply them.</p>	<p>Students will learn about the importance of supporting service users' rights. You will also learn about ways of valuing diversity and providing equal opportunities in order to meet the needs of service users in care settings.</p> <p>They will also look at life stages from 5 to 65+ years through childhood, adolescence, adulthood and older adulthood. Students will look at the changes associated with development.</p>
Opportunities for revisiting previous learning	<p>As part of R035, students should present a public health campaign. They will be assessed on their use of effective communication.</p>	<p>This links with R033 (NEA) as students must apply person centred values to different types of support that can be offered.</p>	<p>The learning this term will be assessed during the terminal written exam in June 2026. It will also be essential as part of the R033 NEA.</p>

	Term 1 & 2		Term 3
When will formal assessment of progress take place?	<p>Coursework is completed on Teams and is viewed by the class teacher and generic feedback given to improve. Coursework is marked against the OCR mark scheme criteria. Deadlines must be met in order to meet the criteria below:</p> <p>Students are assessed through coursework writing. This entire piece is formal and in a report style. Students will be defining key terms and then using examples to illustrate how they are used in practice.</p>		<p>Part of this unit is assessed in the coursework.</p> <p>R032 is an exam unit and will be sat at the end of Year 11.</p>

Year 10 Useful Resources

Website Links:

[Cambridge Nationals - Health and Social Care Level 1/Level 2 – J835 - OCR](#)

[Cambridge National in Health and Social Care Student Book with Digital Access \(2 Years\): Level 1/Level 2 \(Cambridge Nationals\) :](#)

[Bath, Justine, Burgess, Colette, Lavers, Sian, Northeast, Sue, Phillips, Jayne: Amazon.co.uk: Books](#)

[https://www.amazon.co.uk/Cambridge-National-Level-Health-Social/dp/1398351237/ref=sr_1_2?](https://www.amazon.co.uk/Cambridge-National-Level-Health-Social/dp/1398351237/ref=sr_1_2?crid=2OQRNIZUCLUH2&keywords=health+and+social+care+level+2+OCR&qid=1664539465&qu=eyJxc2MiOiJwLjAwIiwicXNhIjojMC4wMCIslInFzcCI6IjAuMDAifQ%3D%3D&sprefix=health+and+social+care+level+2+ocr%2Caps%2C61&sr=8-2)

[crid=2OQRNIZUCLUH2&keywords=health+and+social+care+level+2+OCR&qid=1664539465&qu=eyJxc2MiOiJwLjAwIiwicXNhIjojMC4wMCIslInFzcCI6IjAuMDAifQ%3D%3D&sprefix=health+and+social+care+level+2+ocr%2Caps%2C61&sr=8-2](https://www.amazon.co.uk/Cambridge-National-Level-Health-Social/dp/1398351237/ref=sr_1_2?crid=2OQRNIZUCLUH2&keywords=health+and+social+care+level+2+OCR&qid=1664539465&qu=eyJxc2MiOiJwLjAwIiwicXNhIjojMC4wMCIslInFzcCI6IjAuMDAifQ%3D%3D&sprefix=health+and+social+care+level+2+ocr%2Caps%2C61&sr=8-2)

Marking, Assessment and Feedback

Over the course of an academic year students will complete a number of formal assessments, these will be used to assess where students are in their learning journey.

Information from these assessments could be used when making decisions regarding setting of students, reporting progress home and predicting outcome. Current guidelines mean that we cannot provide as much detailed written feedback as is typical. As a result of this, we will during lessons, evaluate students' learning through a range of activities including quizzes, class discussions, detailed questioning and other strategies. Through this, students will know where they are in their learning journey and what they need to do next to make further progress.

Teachers will continue to provide planned written feedback on selected pieces of work.

Homework

Homework will be set using the online platform Go 4 Schools.

Homework tasks are designed to prepare students for future learning or consolidate work completed in the classroom. It will be clear what should be handed in, when it should be handed in and how it should be handed in.

Contact Information

If you would like to contact the H&SC Department please email Ms Katy Hughes on: khu@gilberd.com.

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