

The Gilberd School

Welcome to our Year 7 Information and Support Evening

1st October 2025



Housekeeping Announcement

- Please ensure mobile phones are switched off or on silent.
- Please listen for fire drill arrangements from staff, (we are not planning one tonight).



Ms Litton Assistant Headteacher

Lower School

Mr Banham Head of Year 7

Mrs Phillips Assistant Head of Year 7

Miss Bates Assistant Headteacher Teaching and Learning

Purpose of the Evening

To provide some information and ideas...





- Assessing and reporting on your child's progress.
- Supporting your child's homework and learning.
- Life skills, reading, writing and using numbers.
- Managing social media and mobile technologies.
- Supporting your child outside of the classroom.

We appreciate that there is a lot of information; we will send out this information after this evening.

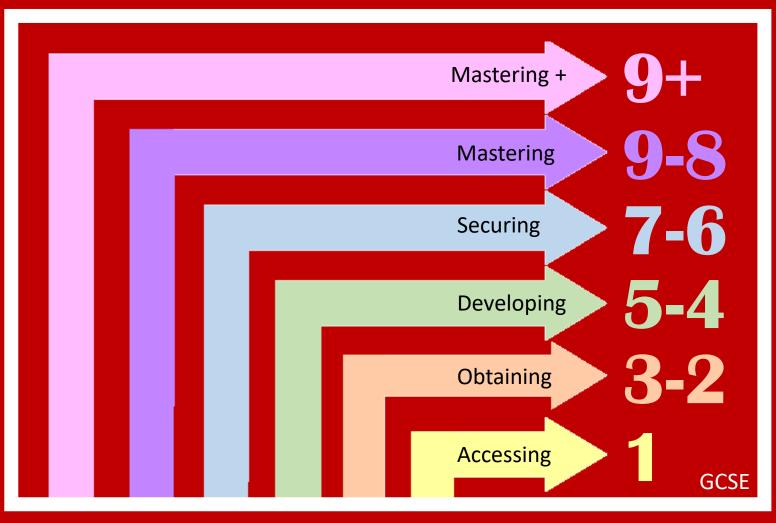


Assessing and reporting on your child's progress

KS3 Assessment

- Student Flightpath





Effort = progress...









Obtaining

3-2



Progress Paths



HOME ABOUT US ADMISSIONS ACADEMIC DEVELOPMENT PERSONAL DEVELOPMENT PARENTS NEWS AND EVENTS

ADDITIONAL NEEDS

CURRICULUM SUPPORT EVENINGS

CURRICULUM OVERVIEW

EXAMINATIONS

HOMEWORK & REVISION

MUSIC DEVELOPMENT PLAN

OPTIONS PROCESS

SUBJECT AREAS

EXTRA CURRICULAR CLUBS AWARDS

											Eastern Religions
	KS3 Science Flightpaths					Mastering			In addition to Mastering, research Compare and contrast the lives of two founders Compare and contrast key teachings in two holy books		
The Gilberd School Demonstrating Knowledge and Understanding	Accessing To be able to recognise the parts of diagrams. Eg. Recognise the heart in the respiratory system.	Obtaining To be able to label or identify components in diagrams or stages of processes. Eg. Label the parts of the	Developing To be able to label or identify components in diagrams or stages of processes. Eg. State the organs in orde	the con	Securing be able to consistently lain in detail and justify reasoning of more uplex processes/ideas. Explain that the	Mastering To be able to explain and evaluate complex data or processes and link ideas to others. To be able to explain and evaluate complex areas	Key Stage 3 Progres:			Mastering Path	Compare and contrast the features of two holy buildings Compare and contrast the importance of two sites of pilgrimage Compare and contrast how and why people worship Compare and contrast how and why festivals are celebrated
Processing Knowledge	To be able to state what you observe.	digestive system. To be able to describe simple observations or	as they pass through the digestive system. To be able to describe or outline simple cycles or	ma. nut	icture of villi enables kimum absorption of rient. De able to describe aplicated cycles or	within science. §g. Using the data evaluate which health factor is more important in treatment of obesity. To be able to analyse graphical information or	I relate to	Understanding I can use a variety of keywords and an to compare processes that lead to geo I can explain in detail a variety of ways		notated diagrams graphical change	J Explain the lives of two founders 3 Explain key teachings in one holy book 3 Explain the importance of features of two holy buildings 3 Explain the importance of pilgrimage
	E.g. State that forces are pushes or pulls.	processes. Eg. Describe what processes release carbon dioxide.	more complex processes using scientific vocabulary. Eg. Outline the stages of the	oulary. scie	nplex processes using infinite varieties of processes using sistently. iustify them I can explain how places lii		tions to cales and	have an impact on the physical environment and vice versa I can apply geographical theories to the real world and evaluate them Describe the fell Describe the fel	Explain how and why people worship Explain how and why festivals are celebrated Describe the lives of two founders		
				Mastering	each o • I can ac differen • I can ac	can explain now places link and each other I can account for differences in prodifferent scales I can compare solutions to (proble on a variety of scales		•	that lead to geographical change I can explain a variety of ways in which impact on the physical environment and I can apply geographical theories to the	humans have an d vice versa	Describe key teachings in two holy books Describe features of two holy buildings Describe a place of pilgrimage and what happens there Describe features of worship for two Eastern Religions
				Securing	places, scales (• I can de the cho	escribe and locate a wid environments and feature local, national and globo escribe in detail and beg practeristics of a variety o al features in the world	res at different al) in to explain	•	I can use keywords to clearly explain a human and physical processes which or the world I can explain a range of geographical p places have changed over time I can explain why places are linked and impact that these links can have on pec	eate and change patterns e.g. how	Describe how festivals are celebrated Identify facts about the lives of two founders Describe key teachings in one holy book Describe features of one holy building

environment

Assessments



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			Yes	r 7 - Reading skills in Engli	sh		
		(Lit P282 Qs)	On How text is structured [Lit & Long 1 (3)]	How writers use language (Lit & Leng 3 Q2 / Leng 2 Q3)	Writer's perspective (Lit & Leng Ons 2-6)	Understanding the contest	Comparison (Long 2 & Lit P2)
1	well-judged she embedded quotations	integrating quotations and analysis	perceptive understanding of structural features. Integrating quotations and using a range of subject termisology, confidently analysing effects	f can show a detailed perceptive understanding of language devices, integrating quostations and using a range of subject terminology and confidently analysing effects	I can provide a confident and original evaluation of writer's perspective, ideas and purpose I can confidently evareine alternative as well as multiple interpretations	I can confidently explain some relevant contentual factors and how they affect my understanding of the test I can confidently examine alternative as well as multiple interpretations.	i can provide a detailed and perceptive comparison between tasts, embedding short quotations and offering original comments on methods used
Securing and	show an understanding of the task and feet use relevant ambedded quotations and provide clear inference	disting relevant quotations, relevan subject terminology & clearly exploring effects	a range of structural features, selecting a range of relevant examples, using	I can securely converent on: a range of language devices, seniories structures and selecting a range of relevant examples, using subject terminology accorately and clearly explaining effects	I can securely show a clear understanding of the writer's point of view, ideas and purpose. I can use connectives when analyzing multiple/alternative interpretations.	I can accurely explain some relevant contentual factors and how they affect my understanding of the text. I can use connectives when analysing multiple/aharmative interpretations	I ran second and
Developing			I can comment on shift in focus - selecting relevant quotations, using some subject terminology and attempting to develop my response and explore effects	I can make relevant comments on word class and language devices, selecting relevant quotations, using some subject terrisinology and attempting to develop my response & explore effects	I can show some awareness of the writer's obvious ideas and purpose as well as starting to read between the lines (inference)	I can show some understanding of how context is relevant to the text.	I can make some developed compariso between texts using quotations and beginning to commer on methods used
Obtaining	I can show a simple understanding of the task and text	I can make a simple comment which gives an opinion on the text, using reference and naming simple methods	I can tell that the text has a simple structure (E.G. start, middle and ext) and I can ase a questation to support this as well as naming the technique used	I can name simple word classes & language devices, use quotation and have an awareness of why the writer has used them	I can show a simple awareness of the writer's obvious ideas and purpose	I can make a simple comment of how context is relevant to the text	I can show a simple awareness of the differences between texts
	to a partner what	I can state whether I like or don't like a piece of writing and try to explain why	I can led where a text hegins and ends and can sometimes explore why a writer starts/ends it like this	I can name simple techniques such as adjectives, similes and works	I can pick out who the writer is and understand how a writer is different to a reader	With help, I can look at the History linked to a test	I can understand who comparison means of comparison means of the comparison or settling in a text.







Supporting your child's homework and learning

The message we are giving to Year 7

Engage Endeavour Excel





Compassion

Creativity

Commitment

Integrity

Resilience

School Community

The Gilberd Way



The journey or flightpath to Year 11





Year 7 PROGRESS



Year 11





Crests and Extra Crests



House





Reporting on your child's effort



Your child's report will feature a Learner Profile grade and a Homework Profile grade for each subject.

- 1 to 6.
- Based on effort, motivation and responsibility.

Reporting on your child's effort



- 1s and 2s rarely happen
- 3 is not 'OK'
- 4 is the most commonly awarded level
- 5 is the 'gold standard'
- Lots of 6s on your child's report is unlikely but always encourage this





Apple



Android



Go4S

- This homework appears on the student's homework list.
- Once completed, the student can tick it.

Overview						
Homework (3) Due within the next 7 days or the last 7 days						
Due 💠	Subject 😩	Task 🜲	Done 🖨			
Today	Mathematics 7b/Ma3	Half-term Maths Homework SCA Guidance time: 60 min.				
Today	Art 7b/Ar3	Art Competition Guidance time: 60-120 min.				
31 Oct 2023	Art 7b/Ar3	Revise keyword meanings Guidance time: 20-30 min.				

Gives the power back to parents



- ✓ See the quantity and quality of work set
- ✓ See the instructions of the teacher
- ✓ See any resources attached
- ✓ Monitor from a distance
- ✓ Have it on your phone as an App



For the students



Help students to:

- ✓ Keep on top of their workload.
- ✓ Stay organised.
- ✓ They can have it on their phone as an App.
- ✓ Al.....



Al Dos and Don'ts

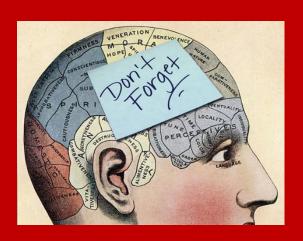


DO use Al to	DON'T use AI to
Brainstorm ideas and explore different angles on a topic.	Write your essay or answer for you.
Explain a complex topic or simplify difficult language so you can understand it better.	Write, rewrite, or enhance your arguments or ideas.
Generate practice questions or quizzes based on your revision notes to test your knowledge.	Submit AI-generated information without fact-checking it against reliable sources.
Check for basic grammar and spelling errors, like a sophisticated spell-checker.	Complete any part of formal coursework or Non-Exam Assessment (NEA) unless your teacher explicitly says you can.
Conduct preliminary research to get a broad overview of a topic, treating it like a search engine or Wikipedia.	Input any personal data about yourself and others, or upload copyrighted material like textbook pages or exam questions.

Internal Assessments

how to prepare

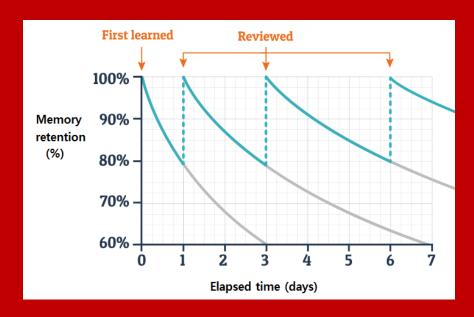






- In class assessments take place throughout the year in all subjects.
- End of Year Assessments 2 weeks beginning 20/4/26;
- These assessments are based on the learning that has taken place up to this point.

Cognitive Science and the art of learning.





It is a sad fact that we forget much of what we have been taught within 24 hours. After 2 days most of that new knowledge may be forgotten....

In lessons and homework teachers constantly plan 'recap' / 'recall' / 'revision' activities to help learners return to new knowledge and strengthen it.

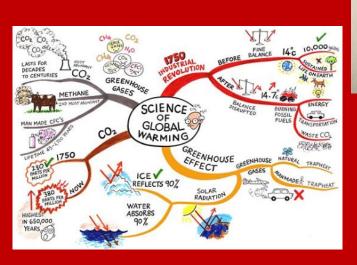
We call this retrieval practice.

Revision Strategies and Skills

Students are taught revision strategies to help prepare for assessments at

Students are taught revision strategies to help prepare for assessments and are encouraged to explore different ways of learning to 'remember' information.

This will look different for different subject areas.









Revision Strategies and Skills

- Students, carers/parents will have a four-week "Countdown" to the assessment week in April.
- Homework will be tapered accordingly; teachers will still set homework, but it will be targeted <u>revision or reinforcement</u> of work covered throughout the year.
- The aim is for students to develop their own range of subject specific revision strategies. This will encourage them to become independent learners and be more confident when preparing for their GCSE exams.



Life skills: reading, writing and using numbers

Reading for pleasure is more important for children's cognitive development than their parents' level of education and is a more powerful factor in life achievement than socio-economic background.

16-year-olds who choose to read books for pleasure outside of school are more likely to secure managerial or professional jobs in later life.



Children with reading difficulties are at a greater risk of developing problems with depression, anxiety or behaviour. (Non-readers are 28% more likely to report feelings of depression.)



Children who read books often at age 10 and more than once a week at age 16 gain higher results in maths, writing and spelling than those who don't.



READING IS AN ESSENTIAL ASPECT OF LEARNING.



What we do to support reading:



- All students in years 7 9 are screened to plan an intervention programme with a focus on phonics or fluency.
- Students come out of lessons to do this. Every 6-7
 weeks we review the students and 'graduate' those we
 can whilst taking on more.
- All English teachers set centralised homework to identify and practice key reading skills.
- Reading skills are explicitly embedded in our schemes of learning from Year 7 upwards.

Reading around the school:

Popular and active library.

Reading mentors supporting younger students.

Year group reading.

Wider reading lists of texts to support learning – Literature and non-fiction.



Year 7 Reading pathway – Facing your Fears



you have alrea

If you have already read this, don't worry!

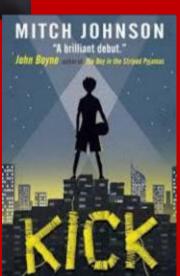
How about seeking out one of these texts that explores similar themes?

Please speak to our librarian if you need some advice on which to choose. cjn@gilberd.com

- "Out of My Mind" by Sharon M. Draper: This novel tells the story of Melody, a girl with cerebra palsy who is unable to speak or move on her own but possesses a brilliant mind. It explores
- "Fish in a Tree" by Lynda Mullaly Hunt: The story follows Ally, a dyslexic girl who struggles is school and feels like she doesn't fit in. With the help of a supportive teacher and newfound friends, Ally learns to embrace her differences and discovers her strengths.
- "Mockingbird" by Kathryn Erskine: This novel centers on Califin, a girl with Asperger's syndrome, as she copes with the death of her brother. Through her journey of grief and understanding emotions. Califin learns to connect with others and find closure.
- "Rules" by Cynthia Lord: The book follows Catherine, who has a brother with autism, as she navigates friendship, family dynamics, and understanding differences. It explores themes of acceptance, empathy, and the complexities of relationships.
- at Jueato by Lece Beit: A graphic novel memoir trac chronices Lece is experiences growing u with hearing loss and navigating the challenges of fitting in. It's a humorous and heartfelt exploration of identity and friendship.
- "So B. It" by Sarah Weeks: Heidi sets off on a journey to uncover the truth about her past at her mentally disabled mother's background, learning about love, loss, and resilience along to way.

Wider and older

Call of the Wild, Jack London
The Hobbit, JRR Tolkien
The Boy Who Biked the World, Alastai
Humphreys



Number confidence

- 1. Prior experiences can really affect the will to try again;
- 2. Success breeds confidence and motivation;
- 3. Success comes with low-risk practice.....



It's okay to find it difficult – you are learning something new and problem solving is a huge life skill. Try this.....

Many different subjects require students to work with and understand numbers.

What you can do:

- Help your child to see that numbers are a daily part of life.
- If you go on a journey work out estimates for the distances you travel and the estimated time the journey will take.
- Involve your children in DIY when taking measurements at home.
- When you are cooking weigh out ingredients, work out the time needed, or when it will be done.
- Play board games or cards.
- Shopping work out the best value for money.
- Practise the times tables!



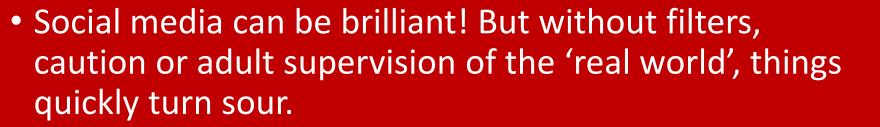
Managing social media and mobile technologies





- Research from Cambridge university suggests that 14-year-olds who spend
 - an hour on their phone during leisure time drop 9 GCSE points
 - two hours on their phone during leisure time drop 18 GCSE points

 Traditionally issues in Year 7 have stemmed from or occurred on social media.



 As with all social media, it is not just about what your child will do, it is what they might be exposed to.

 With social media, there is also no escape – as long as they have their phone on them, the exposure to these issues comes with them too.



Safeguarding and phone use

- More than 65% of school children have been added to Whatsapp chats with people they don't know
- 37% of 12-17 year olds experience online harassment of some sort in these group chats
- Teenagers can quickly be exposed to things that are unmoderated and harmful
- Messages, personal information and photos can be saved and forwarded, often to strangers

Social media apps are being used in Colchester to exploit young people in criminal activity.

Screens

Limit

Learn

Check

Take

FINSTA

ASL?

F2F/FTF

KYS/KMS

420

PIR/POS

GNOC

GYPO

LMIRL

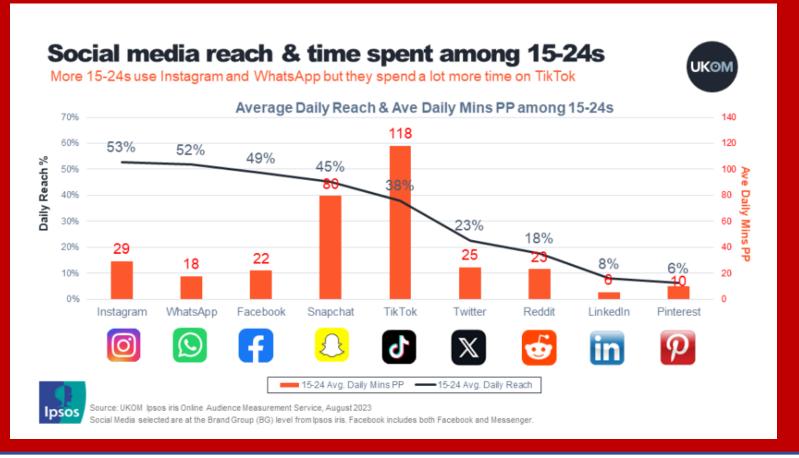
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WTTP

FYEO

Social media can be a lot of fun, and have lots of perks, but there is a reason they all have age limits (mostly 16+).





All major smart phone brands have parental controls in their settings, where you can decide which apps they can use and even which hours they can use them.

How to set up your child's device safely?

Apple



Android





Sleep...or lack of it









Up at 7.00?

In bed/Asleep by 9.00pm

8-10 hours is recommended

Lack of sleep is a significant factor behind a huge proportion of behaviour and learning issues.



NO BULLYING

NO BYSTANDING

NO EXCUSES

Definition of Bullying



- The following definition has been agreed by the Anti-Bullying Working Group, in consultation with the School Council:
- The <u>repetitive</u>, <u>intentional</u> hurting of one person or group by another person or group, where the relationship involves an imbalance of power.

What can you do as a parent?







What can you do as a parent?

Encourage kindness over loyalty.

- Encourage your child to have friends not just a best friend!
- Encourage resilience.
- Treat bullying as an action, not a person.

Limit access to devices and platforms.

The Oxford English Dictionary



Definition of Banter

verb

- to speak to or tease lightly or jokingly noun
 - light, teasing, or joking language or repartee

It has to be shared by both parties and quickly escalates!



- Issues dealt with
- What the school response has been
- What we typically do
- What we want children to learn from these situations
- What parents can do



Supporting your child outside of the classroom

Attendance Matters



What to do

Advice on childhood illnesses

>>	Go to school; if needed, get treatment as required

Park on to select and an the CD

What it's called?	What it's like	Going to school	Getting treatment	More advice
Asthma flore up	Worsening of usual symptoms	> I	Follow your care plan	Stay off school if feeling too unwell
Chicken pax	Rosh begins as small, red, flat spots that develop into itchy fluid-filled blisters	111	Pharmacy	Black to school five days after on-set of the rash, or when all lesions are crusted over
Common cold	Runny nose, sneezing, sore throat	>>	Pharmacy	Ensure good hand hygiene
Conjunctivitis	Teary, red, itchy, painful eye(s)	>>	Pharmacy	Try not to touch eye to avoid spreading*
Flu	Fever, cough, sneeding, runny nose, headache body aches and pain, exhaustion, sore throat	10 10	Pharmacy	Ensure good hand hygiene*
German measles/ Rubella	Fever, tiredness. Raised, red, rosh that starts on the face and spreads downwards	•	GP	Back to school four days after the rash has started, if feeling well enough. Please let the school know, as pregnant members of staff may be affected.
Glandular fever	High temperature, swollen glands, sore throat; usually more pointul than any before	>>	GP	
Hand, foot & mouth disease	Fever, sore throat, headache, small painful blisters inside the mouth on tongue and gums (may appear on hands and feet)	>>	GP	Attend school while monitoring symptoms
Head lice	Itchy scalp (may be worse at riight)	>>	Pharmacy	
Impetigo	Clusters of red bumps or blisters surrounded by area of redness	•	GP	Back to school when lesions crust or 48 hours after start of antibiatics
Heasies	Fever, cough, runny nose, watery inflamed eyes, rash	•	GP	Back to echool four days from on-set of rash, and if feeling well enough
Ringworm	Red ring shaped rash, may be itchy, rash may be dry and scaly or wet and crusty	>>	Pharmacy	
Scobies	Itching rash, commonly between fingers, wrists, elbows, arm	>>	GP	Back to school after first treatment
Scarlet fever	Fever, unwell, red tangue, candpaper rach		GP	Exclusion period during first 34 hours of antibiotics*
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister-type rash	10 10	GP	Only stay off school if rash is weeping and cannot be covered
Sickness bug/ diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea	11	Pharmacy	Contact GP if symptoms persis after 48 hours
Threadworms	Intense itchiness around anus	>>	Pharmacy	Ensure good hand hygiene
Tonsithis/ Strep throat	Intense sore throat for more than 1 day	>>	Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow. Only need to stay off school if feeling too unwell
Whooping cough	Violent coughing, with a 'whoop'		GP	Exclusion period during first five days of antibiotics
Covid				Visit www.nhs.uk for latest guidance

*Attend school while monitoring symptoms

This information is a guide and has been checked by health professionals. If you are unsure about your child's wellbeing, we recommend you contact your pharmacy or GP to check.

Should my child go to school/nursery today?

Hertfordshire and West Essex Healthier Together for further informatio
https://www.hveshealthiertogether.nbs.uk/porentscorers

Working in partnership with



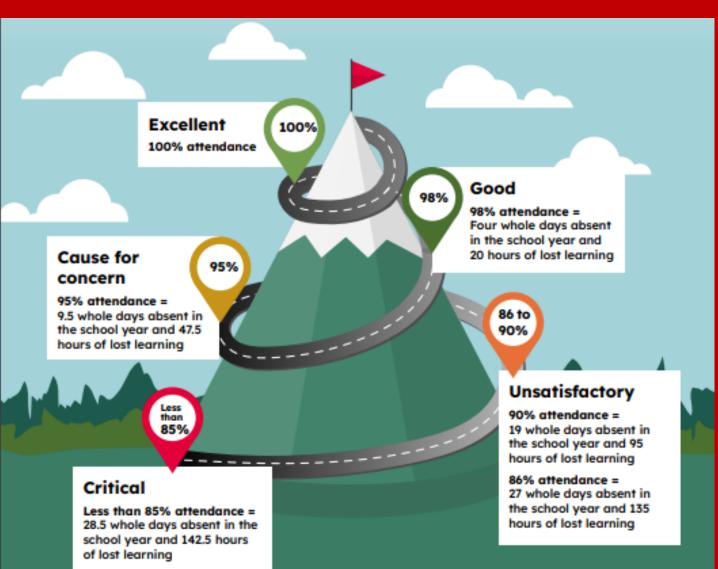


How to report an absence?

- Email
 <u>absence@gilberd.com</u>
 every day your child is absent
- Send medical evidence (e.g. appointment letter/prescription) to year7@gilberd.com and your child's form tutor

The Attendance Mountain

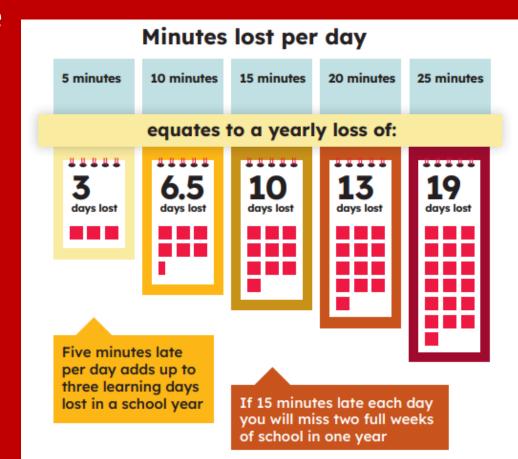




- Research shows students who miss less days at school perform better in their GCSE examinations
- Students who didn't achieve a grade 9-4 in Maths and English missed on average 10 more school days than those who did

Punctuality – a skill for life

- Students who are late to school will have to serve a "late gate" detention on the day of their lateness.
- If you are late because of adverse traffic or exceptional circumstances, please email us using the absence@gilberd.com and year7@gilberd.com email addresses.



Strategies to continue the work at home



1. TALK ABOUT SCHOOL

- Focus on them
- What have they done today (or this week?)
- What did they find easy / challenging (using the right language)
- Build the bridge
- challenge their attention

2. MODEL GROWTH MINDSET LANGUAGE

- Praise effort, not intelligence
- Avoid: "You're so clever" / "you're a natural" /
 "this will be easy for you"

3. ENCOURAGE CHALLENGE

 Not to fear failure as this is where the deeper learning occurs

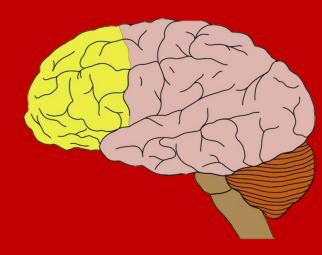
4. CLUB PARTICIPATION/CHARACTER DEVELOPMENT

 A significant indicator towards future success / competent young adults



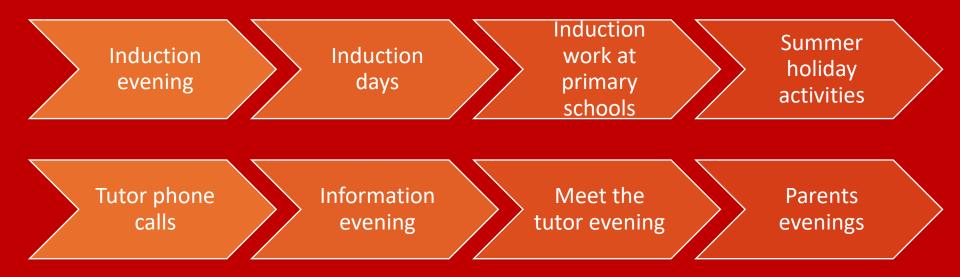
The Teenage Brain

- The brain which governs decision-making and impulse control continues to develop until age 25
- Risky and impulsive behaviours are normal at this age range
- Your teenagers will need us to help them navigate these mistakes when they make them
- We are here to help and will work with you



Parental Engagement 2025-6

 At The Gilberd School all parents and carers are equally valued as part of our school community. Our children benefit the most when there is a strong partnership between home and school.



Communication

Your first point of contact should **usually** be your child's tutor.

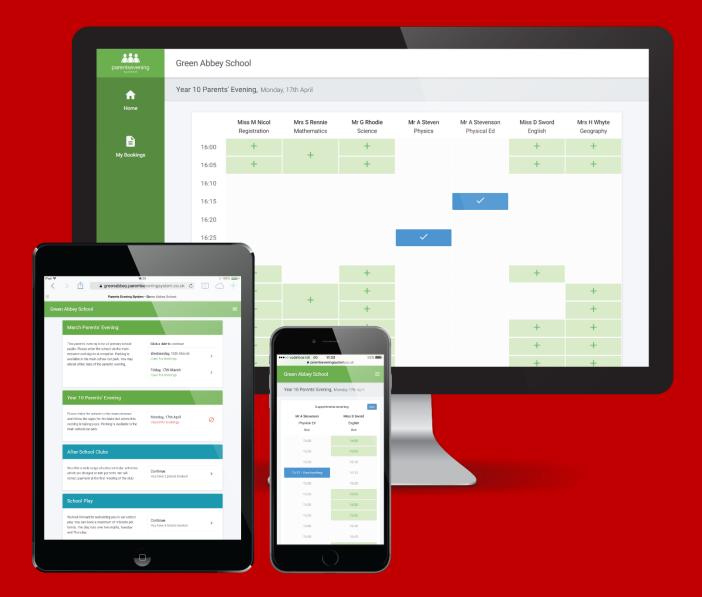
For subject specific queries, departmental emails can be found on our website:

https://www.gilberd.com
/email-contacts/



Teaching and Learning Contacts	Query		
exams@gilberd.com	I have a query relating to public examinations or mock public examinations (GCSE/BTEC) and I have already checked the 'examinations' information under the 'academics' section of this website for an answer.		
maths@gilberd.com	I have a query related to teaching, learning, setting or assessment in my child's mathematics class or any related club or society.		
english@gilberd.com	I have a query related to teaching, learning, setting or assessment in my child's English class or any related club/society or coaching.		

Parents Evening





Parent Feedback

Please scan this QR code with your phone to fill in a feedback form about tonight's presentation.









We are keen to work with parents and would like to invite parents to become part of a Parent Voice group. If you would like to know more details and would like to take part, contact the Deputy Headteacher via this link

pta@gilberd.com

We Look forward to hearing from you and working with you.





Are you a parent? Have you heard of Parent View?

It's easy. It's quick. It's time to log on.

http://parentview.ofsted.gov.uk