

Lunchtime Menus

Week commencing 26 November 2007

Monday

Sausages & Onions,
Gravy & Yorkshire Pudding
Mashed Potatoes
Country Vegetables

Tuesday

Sweet & Sour Chicken
Noodles

Wednesday

Chilli Con Carne
Jacket Wedges
Grated Carrot & Lemon

Thursday

Lamb Hot Pot
Vegetables

Friday

Breaded Fish Fillet
Fries

Leek & Cheese Strudel

Pepper & Courgette Fajita

Roasted Vegetable Quiche

Minced Beef & Onion Pie

Stuffed Red Peppers
with Herb Cous Cous

Thai Red Curry

Week commencing 3 December 2007

Monday

Chinese Barbeque Pork
Crispy Noodles
Stir Fry Vegetables

Tuesday

Cottage Pie (beef mince)
Braised Savoy Cabbage

Wednesday

Chicken Korma
Fragrant Rice
Carrot & Swede Mash

Thursday

Roast Gammon
Roasted Potatoes

Friday

Breaded Fish Fillet
Fries

Roasted Vegetable Lasagne
Quorn Garlic Bread

Sausages &
Onion Gravy
Classic Mashed Potatoes

Carrot & Mushroom Loaf
Ratatouille

Cheese Burger in a Bap

Vegetable Enchilades

Chilli, Pepper &
Potato Frittata
Fries & Garden peas