

~for you... the place to eat in Autumn~

WEEK ONE

Monday	Tuesday	Wednesday	Thursday	Friday
<p>~Hot for you...~ Spaghetti Bolognaise</p>	<p>~Hot for you...~ Beef Madras White & Brown Rice</p>	<p>~Hot for you...~ Pork Goulash White & Brown Rice Sliced Carrots</p>	<p>~Hot for you...~ Lamb Cobbler Baby Boiled Potatoes Farmhouse Vegetables</p>	<p>~Hot for you...~ Battered Hoki Chips</p>
<p>Italian Bean & Vegetable Loaf Baby Boiled Potatoes Cut Green Beans</p>	<p>Ratatouille Bruschetta Sweet Corn</p>	<p>Quorn & Red Bean Chilli Vegetables as Above</p>	<p>Caribbean Vegetable Curry White & Brown Rice</p>	<p>Ciabatta Cheese & Tomato Pizza Chips</p>
<p>~Better for you~ Pasta King Jacket Potato with various fillings</p>	<p>~Better for you...~ Pasta King Jacket Potato with various fillings</p>	<p>~Better for you...~ Pasta King Jacket Potato with various fillings</p>	<p>~Better for you...~ Pasta King Jacket Potato with various fillings</p>	<p>~Better for you...~ Pasta King Jacket Potato with various fillings</p>
<p>~Snack for you...~ Cornish Pastie Chicken in a Bun Chicken, Mayo & Lettuce Wrap</p>	<p>~Snack for you...~ Funky Chicken Wrap Cheese & Tomato Pizza Chicken, Mayo & Lettuce Wrap</p>	<p>~Snack for you...~ Sausage Pizza Chicken in a Bun Chicken, Mayo & Lettuce Wrap</p>	<p>~Snack for you...~ Sausage Roll Cheese & Tomato Pizza Chicken, Mayo & Lettuce Wrap</p>	<p>~Snack for you...~ Chicken Tikka Wrap Chicken in a Bun Chicken, Mayo & Lettuce Wrap</p>
<p>~Sweet for you...~ Apple & Cinnamon Pie Custard</p>	<p>~Sweet for you...~ Strawberry & Apple Crumble Custard</p>	<p>~Sweet for you...~ Steamed Chocolate Sponge Chocolate Custard</p>	<p>~Sweet for you...~ Caramel Tart Vanilla Ice-Cream</p>	<p>~Sweet for you...~ Strawberry Jelly Vanilla Ice-Cream</p>
<p>~Chilled for you...~ Salad Bar Sandwiches Baguettes</p>	<p>~Chilled for you...~ Salad Bar Sandwiches Baguettes</p>	<p>~Chilled for you...~ Salad Bar Sandwiches Baguettes</p>	<p>~Chilled for you...~ Salad Bar Sandwiches Baguettes</p>	<p>~Chilled for you...~ Salad Bar Sandwiched Baguettes</p>