

Gilberd PE Clubs September 2024



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------|----------------|-----------------------|--------------------------------------|----------------------|--------------------|
| After | Climbing | <u>Netball</u> | <u>Football</u> | <u>Basketball</u> | Fitness Room |
| School <u>Year 7</u> | Boys & Girls | Boys & Girls | Boys & Girls | Boys and Girls | Body Pump/ |
| 8,9,10&11 | GCSE or Invite | Mrs Gaine (KATS NC) & | CUFC coaches + Gilberd Staff | Essex Rebels + | Balance |
| | only | Mrs Syrett | Week A Year 7/8 - boys | Week A Year 9/10/11 | Yellow Floor Gym |
| 15:20- | STV/NBA | (Shaikley NC) | Week B Year 9/10/11 - boys | Week B Year 7/8 | Boys & Girls |
| 16:20 | | | | | Signup sheet 25Max |
| | | | Girls Football <u>every week</u> for | | Mrs Pope |
| | | | all Year Groups. | | X1 Staff |
| | | Badminton | | <u>Fitness Room</u> | |
| | | Boys & Girls | | Boys & Girls | |
| | | CGO | | Signup sheet 30 max. | |
| | | Signup sheet 45 max. | | X1 Staff | |
| | | Mr Belcher (Badminton | | | |
| | | England) | | | |
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Please meet at the MUGA at the beginning of <u>ALL</u> clubs (unless stated otherwise above) to register and then change.