



Chitty Chitty Bang Bang



BY ABIGAIL CANHAM



It all started with a room full of excited people waiting to see the audition dance for the first time. This was followed by many lunch times spent in

the dance studio practicing and perfecting the routine. Then before we all knew it, auditions rolled around. Even the last-minute run throughs were not enough to distract from the nerve-racking feeling I was experiencing. Once my group was called, we went out and stood in front of the extremely smiley teachers. The music started and we

gave it all we had. After our heart rates slowed down, we

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The New Gilbertian

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could finally start thinking about the next step in the process...frantically and hopefully searching for our names on the company sheet. The adrenaline I felt after finding my name, was clearly shown by the smile displayed across my face. I was ecstatic!! The first Chitty Chitty Bang Bang rehearsal was all about team building, so we could all feel comfortable with the company (the company is everyone involved in the show). It was vital we felt supported by others, so we could push ourselves to our







full potential.

Our work together was demonstrated on the first performance. Opening night is something I will never forget, the mix of chaos backstage (and sometimes on stage) and the silent screams of excitement after the curtain closed was perfect. From the first note the company of 2023 sang in rehearsals to the final wave goodbye to Chitty, I adored every second and cannot wait for it to all start again! The Gilbert productions are such

incredible opportunities to boost confidence and have an amazing time doing something you love. I urge all of you to give it a go, I promise you will love it.

Finding my voice in the ensemble of Chitty Chitty Bang Bang

BY HOLLY PULHAM



After my unforgettable experiences within the school show of *We Will Rock You* last year, I knew that I was going to audition for *Chitty Chitty Bang Bang* 2023. In all honesty, when I found out that the show was going to be *Chitty Chitty Bang Bang* I was apprehensive as I had never heard of this musical before however the memories I made throughout *Chitty Chitty Bang Bang* were memories I will never forget.

This year I auditioned for a principal role and since I have never been a confident singer this was fairly out of my comfort zone and although I didn't receive the role I was still delighted when I was offered an ensemble role and was part of the inventors. As well as this, I also received the role of Violet and these roles are just one step further towards my ambitions of becoming an actor.

When I received these roles, I was elated but also fairly fearful as it meant that I would have to take on extra responsibilities and also sing on stage. I have never been the most confident singer however within the role I sang with the inventors and after a

plethora of rehearsals came opening night, and I will never forget the sense of happiness and pride I felt leaving the stage after performing. This feeling highlighted my overall experience of the show, and it all came together after months of rehearsals. I loved every minute of Chitty Chitty Bang Bang from the after school rehearsals to closing night as I have always had a passion for performance and the show allows that side of me to blossom.

The production also allows you to make friends from all the other year groups and create memories that stay with you forever. After this year, I strive to achieve a principal role in the future productions, and I look forward to the memories I will make in the shows to come.









Saying goodbye to the Gilbert School Shows

BY MATHILDA MARSH



My experiences with the Gilbert Productions have been some of the most pivotal and rewarding of my life.

Little did I know when I was dragged by my parents to the big, scary world of secondary school to watch *Little Shop of Horrors* in 2014, that I would watch one of the most captivating shows of my life. From then,

knowing that I could potentially be performing alongside the talent I saw on that stage that night was the most thrilling prospect of leaving primary and joining the Gilbert.

For the next few years, my family and I consistently watch the annual productions: *Oliver*, *Billy Elliot*, *Annie*. It was always one of the most exciting parts of my year. Admittedly, my older sister featuring in them was an added bonus.

Then, in 2018, I join the Gilbert School. This was what I had been

waiting for. 'Hairspray' is announced, workshops happen, auditions pass, and a cast list is put up. I got in!!!

The next few months of rehearsals are the best of times. I meet about a hundred new students, ranging from Year 7-11, and we all get to know each other. In my opinion, some of the most memorable parts of a show are those moments, months before you even get on stage.

When you and this Year 10, who you





never would have spoken to otherwise, are laughing because you just can't get that one move down, or when the harmonies suddenly start to blend together, and you think this company singing is one of the most beautiful things you've ever heard. That's what it's all about.

I've experienced what it has been like to be both in the company and take on the challenge of a principal role so let me say that no matter what you are cast as, you will have the time of your life.

There's no doubt that these Gilbert Productions would not be a tenth of what they are without the immense effort and dedication given by the PA department. Sacrificing their time after school, lunchtimes, and weekends to put on this show has never gone unnoticed. It's one of the reasons the show has so much umph and energy. We know these teachers have faith in us to put on a good performance.

I highly encourage anyone who has ever had even the slightest thought of 'Maybe I should audition for the school show?' to do it.

Trust me, you will be kicking yourself if you let this fantastic opportunity pass you by and watch it from the audience rather than living it on the stage.

Although I am off to Suffolk One next year where I will be continuing my journey in the Performing Arts at A-levels and where they too have annual productions, my expectations are high. I will miss the companies, the PA department and all the 5PM rehearsals of the Gilbert. And of course, I will come and watch next year's production with hopefully... a few new faces.



Our New Head Boy and Head Girl.



My name is Carys Palmer and I am delighted to be the new Head Girl of the Gilberd School. When I first joined the Gilberd in 2019, I was immediately astounded by the overwhelming amount of support from both students and staff, and was very excited for what was to come. These past few years, I have endeavoured to pursue all of the opportunities I have been presented with, and have made sure to push myself out

of my comfort zone as much as possible. I have engaged in numerous areas of the school- both within lessons and extra-curricular- in order to develop myself as a person and learn key-skills which will help me in later life. I aim to create positive change around the school and allow the student voice to be heard. It is never too late to start your journey into becoming the person you aspire to be, and I urge you all to “do something today that your future self will thank you for”.

My name is Morgan Franklin, and I am the new Head Boy of the Gilberd School. Ever since I was a year 7 student, I wanted to learn and take part in as many of the

opportunities that this school offered. Without our teachers and other students, I don't think I would be where I am today, and reflecting on my journey and experiences here fills me with immense pride. Through my involvement in various extracurricular activities, dedication to academics, and commitment to serving the school through many leadership roles, I am committed to creating a supportive and inclusive environment for all students. I will actively listen to the concerns and ideas of my peers, collaborate with the student body and faculty to address them, and strive to enhance school spirit and engagement. I am grateful for this opportunity to lead and make a positive impact on our school.





Well that went quickly ...

BY JACOB ALDONS

After a year of endless meetings, interviews and missed lessons, the time has come for me to turn the page and embark on a new chapter beyond the Gilbert School. It is with mixed emotions that I step away from the role of Head Boy – an accolade that has given me such a significant insight into how I can be the best version of myself and have a positive impact on the environment I am now leaving.

Join me as I take a nostalgic stroll down memory lane and celebrate the end of my tenure.



September 2018. Standing at the front of an assembly to my own year group as a Form Representative on Year Council and looking out to see 300 blank faces looking back. With no experience or previous support in public speaking, I stood forward and introduced myself to the people I would spend the next 5 years with. I can say with confidence that any

student leadership role seemed worlds away – a fact I would later reminisce on while introducing myself to the same group of people 4 years later: only that time as Head Boy.

Handing on the baton to my successor in the tie-giving ceremony and later assemblies, I recounted my first experience with Mr Mitchell (who, at the



time, I found extremely scary). Helping me in preparing a speech for an open evening the next week, he proclaimed that “success is an option”, a phrase I have shamelessly recycled and repeated on many occasions since. I am delighted to have been able to embrace the opportunity to succeed at the school; even if I don’t achieve all the GCSE grades I desire, I will still feel that I have succeeded in my time here, by virtue of the interpersonal and communication skills I have been able to develop over 5 years.

If I could leave one nugget of advice to those younger students aspiring to hold roles like that of Head Boy, it would simply be to embrace the opportunities available to you. Whether it be team sports, wind band or simply offering to do a tour of the school to a visitor, the pride you will feel to represent yourself and your school in the wider community is undeniably the first step to success. I fondly recall the daunting prospect of being surrounded by older students as the only Year 7 in wind band. Where I was expecting to be ignored

and isolated, I was met with a warm welcome and was embraced as a member of the band. For me, my hesitancy to get involved stems from my belief that there are always thousands of reasons for you not to do something; often, in reality however, these are insignificant and are holding you back from expressing yourself and doing things you know you will enjoy.

It would be a lie to say that I am looking forward to leaving the school; if possible, I would much prefer to



stay at the Gilbert for much longer still. No matter where I go or what I do in the future, I will always carry with me fond memories, experiences and skills that this school has given me: once a Gilbertian, always a Gilbertian.

Fear is temporary : regret is forever.

BY EVIE NICHOLSON



Fear is temporary: regret is forever. As my fulfilling time as Head Girl has come to an end, I've been not only reflecting on what a great, enjoyable, and unforgettable experience it's been, but I've also become more aware of how this one quote of mine has been the driving force that pushed me out of my comfort zone to achieve great things. Although just six small words that may seem meaningless and may go over one's head, their meaning has imprinted their perpetual presence into me, and tattooed my very being with the premise that the fear we all inevitably feel when we put ourselves out of our comfort zones will never be as scary, scarring, and painful as the regret we feel in the aftermath of not pursuing our desires, purely due to the mediocre fear of not achieving or the fear of facing your nerves head-on.

Upon reflecting on my journey to where I have gotten today as Head Girl, parts of this long, winding road

have become more apparent to me- when I was in primary school, I distinctly remember saying to my parents that when I grew up, I wanted to be Head Girl. Now, looking back on the anxious, reserved, shy girl I was, I felt like I would never have the courage or confidence to not only put myself forward for, but to take on the role of Head Girl. I would always plague myself with empty, meaningless thoughts such as “Someone else would be better than me” or “I could never be able to face my fears”, despite knowing deep down that embedded inside of me was powerful potential that just needed a little spark to ignite. Facing your fears sometimes is like trying to open a door without a key- you

have to craft your own key to unlock your desires. This key may consist of your confidence, or your ambition, but for myself, this key that I needed to make for myself was belief. After years of trying to achieve and do things to impress or to meet the standards of others, I realized that the only person I ever needed to believe in me was myself.

My overarching message that I hoped to convey to my peers during my time as Head Girl is to find enjoyment in everything you do, as the best way to excel is to truly find pleasure in the things that you do. From all of the speeches in assemblies to impromptu visits to universities, I wouldn't change my year as Head Girl for anything. It's

been the quintessential way to conclude my time in secondary school.

As I depart from my time at The Gilberd, I'd like my final message to be to all in the younger years who perhaps aspire to achieve a role such as Head Girl or Head Boy - from listening to my story of going from a shy year seven to Head Girl, I'd like to inspire everyone, no matter your confidence or your academic performance, to strive towards everything they want, because you have nothing to lose! The journey is always the most important step, and the more journeys you take, the more you get used to the feeling of discovering your full potential.

The Dora Love Project

BY CAITLIN FRISBY



I eagerly anticipate every Thursday. The day where I get to spend an hour after school making a difference in the world, we live in. The Dora Love project is an after-school history club in which we choose to focus on the future rather than the past. This past Friday has been an excellent example of that; we decided to try and contact the person who

could make the most change and so not expecting a response we contacted the MP Will Quince. However, to our delight he quickly responded, and a date got set up, when we met him, you feel the nerves in the room as I re-practiced my power-point over 100 times, which described Dora Love and our time spent educating the children at the local primary school. As I presented my hands were shaking and my palms were sweaty, however it was over in a moment.

Everything we had practiced was over, I soon got over my nerves as we got into discussions about ways to protect and help our

youth. We asked questions and proposed ideas on how to make the world a more accepting place and I feel as though we made a massive stride in getting our opinions out into the world and making a change for the better.

One change will continue into a local domino effect.

65 million changes will continue into a worldwide domino effect.



Colchester Zoo's 60th Birthday Celebrations

BY SIMMI PATEL



Recently, Art club participated in Colchester Zoo's 60th birthday celebrations along with 78 other schools! It was a collaborative project to creatively paint over 11,000 rocks.

Art Club designed and painted rocks inspired by artist David



Narcizo, a graphic interpreter of wildlife animals linking back to the theme of the 60th birthday celebrations at Colchester Zoo. At Art Club they felt that his style was unique and would stand out against the other artworks being submitted due to his bold choice of using a limited colour palette. It was an amazing opportunity for everyone in the club to participate in.

The rocks were placed over the Easter holidays at Colchester

Zoo. It is located in-between the entrance building and exit of the zoo (near the tall silver giraffe statue) named 'Rock Garden'. These rocks will remain at Colchester Zoo until Summer 2024. Hopefully, you can go and visit the Art Club and see the student's hard work!



From Colonel to King – King Charles III

BY THOMAS RICKETT



In 1975, Prince Charles received his first Colonel-in-Chief role at the age of twenty. Now, at the age of seventy-four, King Charles III rules not just the army, but the nation.

The 6th of May 2023 signified a landmark event in British history: the first coronation in seventy years. Following the tragic passing of the Late Queen Elizabeth II on the 8th of September 2022, Charles' destiny was fulfilled as he ascended to the throne of the United Kingdom. As per tradition, the coronation took place in Westminster Abbey, as it has for the past 900 years.

The Royal procession began at Buckingham Palace, where the King and Queen Consort (Camilla) travelled down the Mall to Trafalgar Square, then through Whitehall to Parliament Square, where they were awaited by a mass of exclusive, selected guests within Westminster Abbey. Some of these in-



cluded notable CBEs, OBEs and MBEs (Orders of the British Empire), the Prime Minister, Royal Family members as well as many other esteemed visitors who have serviced the nation.

Cameras were situated around the Abbey to capture every moment and were broadcast live around the Commonwealth and the rest of the world.

The King and Queen Consort entered the Abbey and proceeded through the Nave, commencing the service. Within the next hour, the religious elements of the cere-

mony proceeded, led by the Archbishop of Canterbury, Justin Welby. Typically, there are six parts to a coronation service. Some traditions include the recognition, where the monarch swears to uphold the law and the Church of England, followed by the anointing, which is deemed to be too sacred to be shown to the public. Throughout the event, pieces of music are performed by choirs and orchestras commissioned by Charles and Camilla themselves specifically for this event.

Later in the ceremony, the king moved to the throne from the Coronation Chair and was officially crowned as the monarch of the United Kingdom. The succeeding procession led out of the Abbey at

midday, where the King and Queen consort returned to Buckingham Palace, congratulated by the thousands of public well-wishers who lined the streets, concluding the formal event.

With the formal traditional ceremony completed, the next two days saw the people of Britain celebrate this historic occasion. 10.1 million people tuned in to watch the Coronation Concert – which was

held in Windsor on Sunday evening – while thousands of friends, families and acquaintances gathered for communal street parties.

With bunting, balloons, banners and flags adorning houses, shops and buildings, the nation was brought together in celebration of this momentous event.



Gilbits and bobs

VERSUS



Each issue, we ask two teachers the same questions, but can you match the answer to the teacher?
This issue: Ms Sibley vs Ms



1) Weird Snack	Corned Beef and cream cheese sarnie Tuna from the tin	9) Favourite Subject (not your own)	Politics Geography
2) Celebrity Crush	I'm too old for crushes! Jennifer Anniston	10) Celebrity You Can't Stand	Bono Piers Morgan
3) Musical Guilty Pleasure	Old school RnB Harry Stiles	11) Party Trick or Unusual Talent	Tying a knot with my tongue I know all the words to Boom Shake the Room
4) Favourite Film	The Bone Collector Saving Private Ryan	12) Most proficient 2nd language	French German (ish)
5) Favourite Takeaway	Thai Chinese	13) Favourite Actor	Tom Hardy Don't have one
6) Alternative Career	Dolphin Trainer Army Officer	14) Favourite Artist	David Hockney Chihuly
7) Most Albums By One Artist	Pink Maximo Park	15) Favourite Game	Monopoly Uno
8) Favourite Current TV Show	Silent Witness Black Mirror	16) Second favourite animal	Emperor Penguin Fish

Tongue Twisters

Can you wrap your tongue around our tricky twisters!

If a dog chews shoes, whose shoes does he choose?

Have you been on the receiving end of a good deed?

Has another Gilbertian or staff member done something to help you out without you asking for it?

Let us know. Forward your good deeds on to newgilberdian@gilberd.com

Riddle Me This

I speak without a mouth and hear without ears. I have no body, but I come alive with wind.
What am I?

U	U	Y	T	A	M	U	N	R	E	T	S
E	D	I	O	H	P	A	C	S	S	H	S
A	T	E	E	L	H	S	L	I	U	A	S
T	A	L	A	L	A	U	I	T	I	M	N
E	A	S	A	I	B	L	M	C	D	A	L
L	C	L	M	S	A	I	U	E	A	T	I
C	A	L	U	A	R	O	D	B	R	E	T
I	A	L	A	S	L	A	F	N	I	U	L
V	C	E	U	R	E	L	T	E	A	F	S
A	A	A	A	P	O	F	E	A	M	M	L
L	T	I	B	I	A	P	L	U	T	U	M
C	O	C	C	Y	X	C	M	R	S	E	R
P	A	T	E	L	L	A	S	E	C	A	M
U	L	N	A	P	S	E	P	A	T	S	F

TEMPORAL
 MANDIBLE
 MALLEUS
 SCAPULA
 CLAVICLE
 STERNUM
 HUMERUS
 RADIUS
 ULNA
 SCAPHOID
 COCCYX
 FEMUR
 PATELLA
 TIBIA
 FIBULA
 TALUS
 METATARSAL
 STAPES
 HAMATE

Did you know?

It's illegal to feed pigeons on the sidewalks and streets of San Francisco.

Harrison Schmitt, an astronaut, found out that he had a severe reaction to moon dust.

3 U.S. Presidents have won Grammys.

Are you a master of riddles? The joker of the pack? King of Trivia? Email:
newgilberdian@gilberd.com

You could be featured in a future edition!

Public Speaking. Sounds Daunting.

BY PIXIE LISTER



Public speaking. Sounds daunting, doesn't it? And it is, until you actually do it. The adrenalin that floods through you and the excited yet nervous butterflies that sit in the pit of your stomach never go away. Yet that's why public speaking is so worthwhile, so invigorating.

When the opportunity for a team of three to get together and audition to be the Gilbert school's

chosen team to compete in a regional speaking competition was first announced I had my mind set. No. Public speaking, as far as I was concerned at the time, was very much out of my comfort zone. Fortunately, my colleagues (Harriet Mold and Holly Maston) convinced me to step out of that comfort zone and try something different and I'm thankful they did. We got through the audition process and

became the chosen team. When the competition finally came, and my colleagues and I was sitting in the waiting room I had those public speaking "feelings" if you will and my mind was whirling with doubts and nerves. But I reminded myself what will be will be. The team were prepared and we were all ready to get up on that stage and show



everyone what the Gilberd school debate team were made of! And then in a blink of an eye the competition had finished. Not only had we all performed to the best of our abilities and were all proud of ourselves for doing this competition, we came home with two individual awards and a whole team award which was astounding!

This experience had vastly improved my self-confidence and public speaking suddenly wasn't that daunting anymore. I quite liked the butterflies. So, my message to the Gilberd school students reading this article is to join that club, do that competition. Step out of your comfort zone because the rewards are worth the leap of faith. At the end of the

day what have you got to lose?

BY HOLLY MASTON



Earlier this year, Harriet Mold, Pixie Lister and I auditioned to take part in a Debate Competition to be held at St. Mary's school. We prepared the topic **'Should young girls be allowed to compete in beauty pageants?'** We went up against multiple other teams from our year and we were delighted to find out that we had earned a place in the competition. For weeks, with the help of Miss Snape and Mr Mitchell, we prepared our speech. Harriet

was our Chairperson, introducing our topic and the speaker. I was the speaker, I gave a 4 minute debate on why competing in beauty pageants can be extremely damaging to young girls. Then, Pixie was the Proposer of Thanks, addressing the speech and adding additional opinions. As well as this, one guest judge asked the speaker an impromptu question at the end. We went up against schools such as St. Benedict's and the Girls Grammar and to our delight; we won as an overall team as well as receiving Best Speaker and Best Proposer of Thanks awards for Pixie and I. We were incredibly proud of these achievements after the hard work and dedication put in to our debate.

Jack Petchey

BY SARA NAVE



My name is Sara, I competed in the Jack Petchey Challenge, a public competition for young people, with a speech about not caring. I have always loved to write. Whether it be poetry, novels or short stories, writing has always been the way I

express myself best... but where do I even start?

Jack Petchey was an adventure to say the least...

I still remember being sat in English and being told by Mr Osborne that we should sign up for some random workshop. When I was born, there must have been someone up in the clouds who looked down and said: 'She's going to need shutting up'. Since all of my life I've been told I'm a chatter box, I figured I had nothing to lose!

So, here I was, sat in the library, told to name three things about myself. What ran through my mind was nothing apart

from boredom; that's when I heard the word "Competition". Jonathan, the person running the workshop said a lot of things that day, most of which I can't even begin to remember. However, what stood out was the fact he said, "You're not going to win". He made sure to emphasise the point that there were thousand of students.

I wasn't going to win.

Hundred of schools, only one winner.

I wasn't going to win.

So, I did my best- I pretended I didn't care



what other people thought until I tricked my brain to believe it. I improvised until I got the speech I liked. My mum, shouting at me for yelling the same words for hours on end.

I was going to win.

I was one of three, me being the only one with a red face coming straight from PE. The plan had changed, instead of assembly, we had to perform our speech in front of the Senior Team... And I looked like an out-of-date tomato...

My chances weren't great, but I kept positive. Somehow, through an entire miracle, they simultaneously chose me as their winner. Wow.

I was going to win.

I worked and worked, and I gained an

epiphany. The absolutely amazing Miss Snape was showing me the previous winner's speech. She said, "I love how he materialises his speech". So that's what I did.

I picked up a piece of toilet paper, stuck it at the bottom of my shoes and tripped up the stairs.

I was going to win.

I got to St Benedict's prepared. I was in the waiting room when everyone told me what their speeches were about: 'Knife Crime', 'Mum's mental health', 'Don't touch my Hair'. Uh oh. I took a breath and gathered myself for the Tech Rehearsal.

It got to the real thing when everything went wrong.

Here I was, walking down the aisle when a lady removed the paper from my shoe. Panic. I got through my speech, round of applause and waited nervously for the reveal.

Out of the corner of my eye, I noticed Mr Mitchell. He came...

I had to win.

But I didn't. Second place was there with my name clearly on it. I met the deputy mayor and by chance, am being a judge at my own school.

I didn't win. But that was alright. The journey was worth it.



2023 Writers Guild of America strike

BY Ragavarshini Vimal



We are in a century where we are especially reliant on technology: in our news source, entertainment, and our way of communicating. In such a modern and automated life blocking the production on sets of series and movies is certainly a catastrophe

- especially for Hollywood

The first writer's strike in 15 years reveals that history does repeat its injustice. The WGA [Writer's Guild of America] says it is prepared to strike "until we get the deal that we need to make sure that writing is a viable profession." Considering that screenwriting for the big shows streaming, such as the Succession or even Star Wars, must produce a generous reward for the writers challenging work - but that is not happening.

Writers are getting Overworked and underpaid, and they also do not get the same paycheque. In fact, writer Valentina Garza recently shared

residual checks for writing two episodes of Jane the Virgin... for just one and two cents. However, it is not only her because 97.85% of writers who participated in the WGA authorization vote voted to strike, explicitly showing the bias faced by them. If they are expected to work 10-15 hours for such meagre pay and then work a second job just to make ends meet - it just pulls Hollywood's humanity to question.

Their fight to make their demands heard continues while Tv shows and productions are put on pause, and the question arise - Why is Hollywood prepared to lose shows/films instead of just treating their workers right?

Apocalypse in the science department

BY Anaya Butt and Ayesha Asif.



As many may know, a zombie apocalypse has been the central theme in the science club, becoming a favorite of many, including the science leaders who assist the year sevens and eights in various challenges across the

term.

From gas masks to acid rain, herbology to pH indicators, the science club has been an extraordinary opportunity to explore your interests and learn new things.

Recently, we set an optional quiz (dedicated to the new periodic table in the school) for the year eights on Sachel one. It was amazing to see how many students participated. We were extremely proud to announce the winners in assemblies who received certificates and were given books. The same quiz was used as a challenge cup for year seven and it was delightful to see all the forms come together to answer the questions correctly. All attempts were fantastic and next time

we would love to see even more participants in activities involving science.

The whole effort of the science team and form tutors turned this into an immense success, and we wish to make even better activities with feedback from everyone.

This was an exceptional experience as we were able to meet new aspiring individuals in STEM. The Science club not only widens your views and perspective of science but also reveals the entertaining side that many people overlook.



Sporting Success

Alice Begg

On December 27 she ran at Northern Gateway. She came 1st in her age group and 2nd female overall in the 5 K. Her time was 21:46 (a pb of 1m16s) and she now ranked in uk athletics.



On January 8th she did her first ever indoor competition and won her heat in 800m, narrowly missing a pb which was not expected because it was a winter race.



Hermione Lee

Has been selected for the ETC (Emerging Talent Centre) for Colchester United. This is the highest band she can currently be in and scouts will attend her games.

Alice Begg

Finished 4th in the Essex and Eastern indoor championships at Lee Valley stadium with a 5 second PB!

Lucy Thompson

Won the 800m silver medal in the Essex and Eastern indoor championships at Lee Valley stadium. She missed out on gold by just 0.05 seconds after an exciting sprint finish, having led the whole race!



Sporting Success

Year 7 Football beat CCHS 5-0 to progress through to the semi-final.

Year 9 Basketball beat Paxman 34-18.



Year 11 basketball remain unbeaten beating Colne (26-22) and CCHS (12-10).

Year 8 Trinity beat Year 8 Gilberd at the latest Rugby Central Venue.

Year 9 basketball – won 48-36 against Phillip Morant.

Year 8 Trinity

Basketball beat Thurstable 20-12.

Year 8 rugby – Gilberd 3 losses against Stanway, Thurstbale, and Trinity.

Trinity beat Gilberd and lost to St Bens.

Year 8 football – 3-2 win vs HDHS.



Gilberd Win the swimming Gala!

Year 11 football 3-0 loss vs Tendring.

Good performances from combined Gilberd/ Trinity year 7 rugby team at central venue.

Year 11 basketball made it to the finals but unfortunately lost – 41-51 to St Bens.

U14 Girls are Colchester football champions after being undefeated in their most recent central venue. Some great performances at the NEESA athletics.

Year 7 boys win the NEESA football cup Final.



Hermione Lee and Eden Bromley

Thanks to the girls football club at the Gilbertd, Eden and Hermione got the chance to attend a Premier League Kicks tournament at the Norwich City Community Sports facility known as The Nest.

They played a series of games against teams from Norwich City, Luton Town and MK Dons, winning 4 of 6 games before losing out narrowly in a closely fought semi-



final against Luton.

Both girls did extremely well and the team came away with medals for the Fair Play award.

Finn Bates and Hayden Fox

Essex and Suffolk Road Relay Championships.

First place in the U13 boy's category a team made up of three boys, two are from TGS. Quite a few Gilbertdians



may be competing this Sunday at the EAL Cambridge.

Eliza Shippey

Eliza ran at the Eastern Athletic Association, Track & Field Championships at Cambridge, she ran the 800m and she got a PB 2.29.72 and also a silver medal

